

## Jesus on the Road



**Bible verses:**

Luke 24:13-35



**Aim:**

To know that Jesus walks with us



**Today's fruit:**

Joy



In this session we will explore the story of Jesus walking with two of his followers on the road to Emmaus after the first Easter.

We will discover what this story shows us about who Jesus is. As water is turned into wine, we see that Jesus brings joy, generosity and transformation in quiet and unexpected ways. Through the faithfulness of the servants, we are encouraged to notice how God often works through small acts of trust and invites ordinary people to be part of his work.

### Each child will need:

- Memory Verse Wristband
- 'Explore it Ideas' handout
- Paper
- Scissors
- Glue
- Felt-tips

### You will need:

- The 'Fruit of the Spirit - Joy' sign - download from **Salvationist**



## Start it

Explain to the children that they are going to go for a walk around the room together. Choose one child to lead the walk. Explain that there is one important rule: everyone must follow the leader. The leader can change the way they walk and everyone has to walk in the same way.

Give a few different children the opportunity to lead the group.

**Ask:**

- Was it easy or hard to follow the leader?
- What helped you know what to do next?

**Say:**

In today's story, two people were walking and talking. They were trying to understand what had happened to Jesus. Someone joined them on the road to help them understand, but we'll find out more about that later.

## Sing it

**Say:**

Before we explore today's story, let's remind ourselves of what has already happened in the life of Jesus and the events of Easter.

**Watch:**

'Jesus Song' (Lyrics) by Saddleback Kids (2:45)

## Share it

**Say:**

Today's story takes place just after the first Easter. Two of Jesus' followers were walking along the road, trying to make sense of everything that had happened. Let's watch the clip to see who they met on the way.

**Watch:**

*Jesus on the Road to Emmaus (Bible Story)* by LifeKids (2:29)

**Say:**

In the clip, the two disciples were walking along feeling sad and confused. Even though Jesus was walking with them, they didn't realise it was him.

Let's listen to what the Bible says happened as they walked.

**Read:**

**They were talking about everything that had happened. While they were discussing these things, Jesus himself came near and began walking with them. (They were not allowed to recognise Jesus.) Then he said, 'What are these things you are talking about while you walk?'**

Luke 24:14-16 ICB

**Ask:**

- How were the disciples feeling as they walked along the road?
- What surprises you about what the Bible says here?

**Say:**

Jesus noticed how sad they looked. He didn't rush ahead or interrupt them. He walked alongside them, asked questions, and listened carefully to their story.

**Read:**

**Then he said, 'What are these things you are talking about while you walk?'**

**The two followers stopped. Their faces were very sad. The one named Cleopas answered, 'You must be the only one in Jerusalem who does not know what just happened there.'**

**Jesus said to them, 'What are you talking about?'**

**The followers said, 'It is about Jesus of Nazareth. He was a prophet from God to all the people. He said and did many powerful things. Our leaders and the leading priests gave him up to be judged and killed. They nailed him to a cross. But we were hoping that he would free the Jews. It is now the third day since this happened. And today some women among us told us some amazing things. Early this morning they went to the tomb, but they did not find his body there. They came and told us that they had seen a vision of angels. The angels said that Jesus was alive! So some of our group went to the tomb, too. They found it just as the women said, but they did not see Jesus.'**

*Luke 24:17-24 ICB*

**Ask:**

- How do you think it felt for the disciples to have someone to listen to them?
- Share a time when you felt better because someone took the time to listen to your story.

**Say:**

As they kept walking, Jesus helped them understand God's bigger story. He explained how the Scriptures had always pointed to what would happen. The disciples still didn't recognise Jesus while they were walking. They only realised who he was later, when they stopped to eat together.

**Read:**

**They came near the town of Emmaus, and Jesus acted as if he did not plan to stop there. But they begged him, 'Stay with us. It is late; it is almost night.' So he went in to stay with them.**

**Jesus sat down with them and took some bread. He gave thanks for the food and divided it. Then he gave it to them. And then, they were allowed to recognise Jesus. But when they saw who he was, he disappeared.**

*Luke 24:28-31 ICB*

**Ask:**

- When did the disciples finally realise it was Jesus?
- How do you think they felt in that moment?

**Say:**

After Jesus disappeared, the disciples looked back on their walk and realised something important.

**Read:**

**They said to each other, ‘When Jesus talked to us on the road, it felt like a fire burning in us. It was exciting when he explained the true meaning of the Scriptures.’**

Luke 24:32 *ICB*

**Ask:**

- What do you think they noticed when they looked back?
- What does this tell us about how Jesus can be with us, even before we recognise his presence?

Display the ‘Fruit of the Spirit – Joy’ sign

**Say:**

Today’s fruit of the Spirit is joy. The disciples’ joy didn’t begin when they set out on the road. It came when they recognised that Jesus had been with them all along.

When the disciples finally understood who Jesus was, they couldn’t keep it to themselves. Jesus had changed their sadness into joy, and that joy gave them something important to do.

**Read:**

**[Jesus said] ‘You saw these things happen – you are witnesses. You must tell people to change their hearts and lives.’**

Luke 24:47-48 *ICB*

**Say:**

A witness is someone who has seen something and tells others about it. The disciples didn’t see everything clearly at first, but once they recognised Jesus, they knew they had good news to share.

**Ask:**

- If Jesus isn’t physically walking beside us today, how might we still know that he is with us?
- What are some of the everyday moments when we might recognise Jesus walking alongside us?

**Say:**

Jesus met the disciples on an ordinary road and turned their sadness into joy.

## Action it

For the 'Action it' activity today, the children are going to create an optical illusion picture. The following clip fully explains how to make the picture. For this activity you will need paper, felt-tips, glue and scissors. Watch the clip with the children and then work through the steps to create an Emmaus Road optical illusion picture.

### Watch:

***Burning Hearts (Road to Emmaus - Make Your Own Illusion Picture)*** by CCPurleyKids (1:32)

### Say:

This picture reminds us of today's story. Jesus was with the disciples the whole time, even when they didn't recognise him straight away.

## Pray it

### Say:

In today's story, Jesus walked with his followers and brought them hope and joy, even before they recognised him. In next week's Explore it we will discover how Jesus brought words of peace to his disciples. He understood that they felt uncertain about the future and our memory verse is the words of comfort he brought.

Give each child a memory verse wristband and share the verse together.

### Memory verse:

**Then Jesus said again, 'Peace be with you! As the Father sent me, I now send you.'**

John 20:21 *ICB*

### Say:

Jesus didn't just speak these words to his disciples long ago. He still walks with us today and offers us his peace wherever we go. As we listen to our prayer song, let's remember that Jesus is with us, walking alongside us every day.

### Watch:

**'Jesus Walks With Me' (Kids Worship & Praise - Official Soundtrack)** by EverHisGrace Worship (3:07)

## Explore it

Remember to send home the 'Explore it Ideas' for children and families.

## Jesus on the Road

Here are some ideas for you to explore at home.



**Bible verses:**  
Luke 24:13-35



**Aim:**  
To know that Jesus walks with us



**Today's fruit:**  
Joy



### Notice

This week choose one ordinary moment each day and quietly remind yourself: 'Jesus is with me now.'

You could think about this when:

- walking to school
- getting ready for bed
- playing or relaxing

At the end of the week, draw or write about one moment when you remembered that Jesus was with you.



### Walk

In this week's Explore it you made a picture that changed depending on how you looked at it. This week go for a short walk with someone at home.

As you walk, notice:

- things you don't usually pay attention to
- places where you feel calm or happy
- moments that make you stop and think

When you get home, draw or write about your walk. You could include one place where you felt thankful or one moment where you felt peaceful. This can help you remember that Jesus walks with you in everyday moments.



### Song for the week

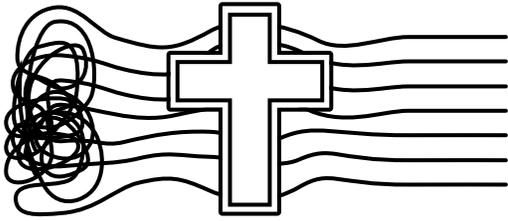
**Watch:**

'Jesus Song' (Lyrics) by Saddleback Kids  
[www.youtube.com/watch?v=Rn84AYtFUSM](https://www.youtube.com/watch?v=Rn84AYtFUSM)

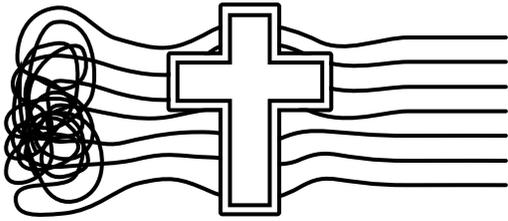
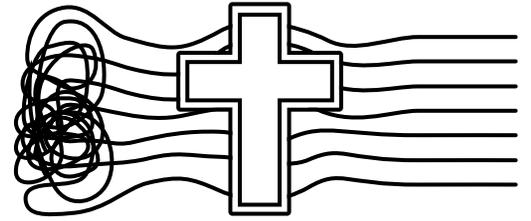
LIVING  
OUT FAITH

# Explore it

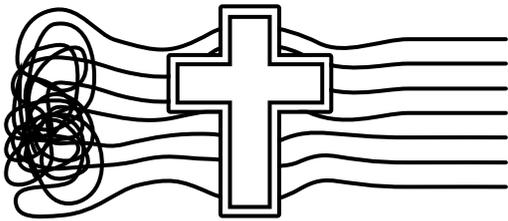
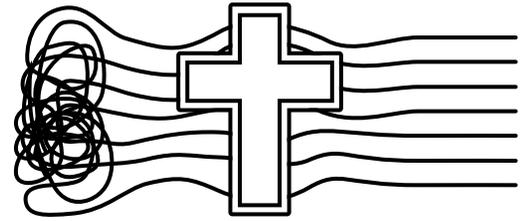
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“Peace be with you!  
As the Father sent me,  
I now send you.”’  
(John 20:21)



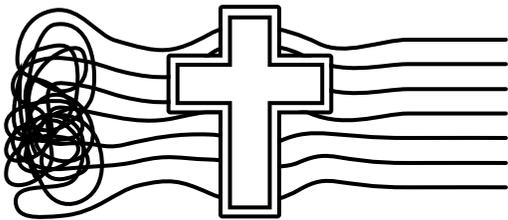
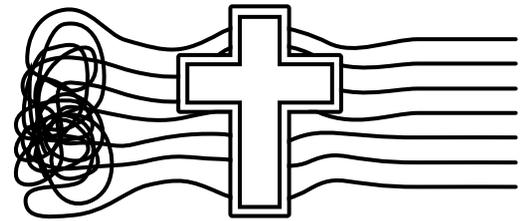
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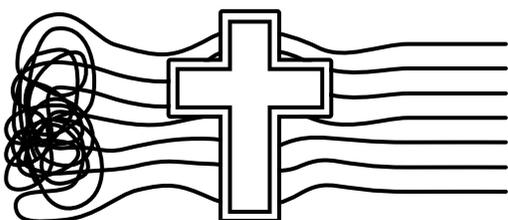
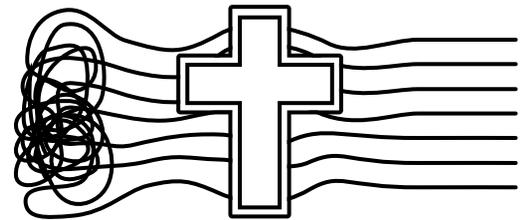
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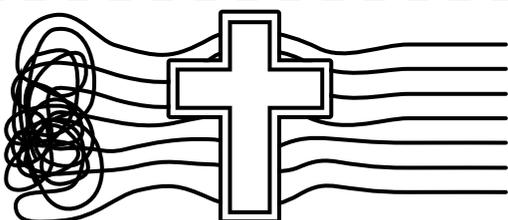
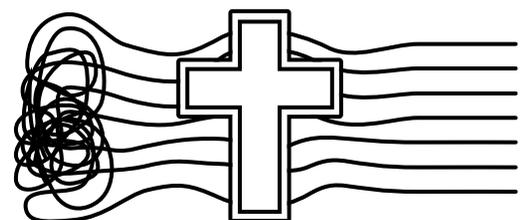
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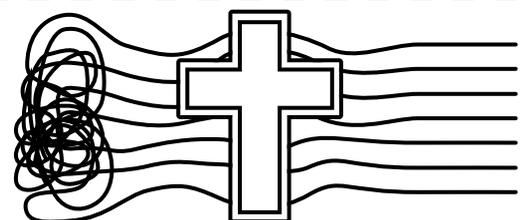
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**(John 20:21)**



## Jesus in the Room



**Bible verses:**

John 20:19-29



**Aim:**

To know it's OK to have doubts



**Today's fruit:**

Peace



In this *Explore it* session we will explore the story of Jesus appearing to his disciples after the resurrection and how he responds to fear and doubt with peace.

As they reflect on Thomas's struggle to believe, the children are reassured that questions and uncertainty are a normal part of faith. Through story, discussion and quiet reflection, we are encouraged to bring our doubts to Jesus and to discover the peace that comes from knowing he is with us.

### Each child will need:

- Pens or pencils and paper
- 'Memory Verse' handout
- 'Explore it Ideas' handout

### You will need:

- The 'Fruit of the Spirit - Peace' sign - download from **Salvationist**



## Start it

**Ask:**

- Share a time when you felt really sure about what you needed to do next.
- Share a time when you felt really unsure about what you needed to do next.

**Say:**

Sometimes we feel confident about what to do next. At other times we feel unsure or hesitate.

Let's play a game that helps us notice that feeling.

Ask the children to stand in a space. Call out simple actions for them to complete, such as walking on the spot, jumping up and down, or stretching tall.

After a few rounds, introduce moments where you pause and say, 'Wait ... I'm not sure.' When you say this, the children must freeze until you give a clear instruction again. Repeat this a couple of times, then bring the children back together.

**Ask:**

- How did it feel when you weren't sure what was coming next?
- What helped you to know when and how to move again?

**Say:**

In our story today, Jesus' friends felt unsure and didn't know what to do next either. Let's find out what happened when Jesus unexpectedly came to visit them.



## Sing it

Display the 'Fruit of the Spirit - Peace' sign

**Say:**

Today's fruit of the Spirit is peace. Peace doesn't mean that everything around us is calm or easy. It is knowing that Jesus is with us, even when we feel afraid or unsure.

In our story today, the disciples were frightened after watching Jesus die on the cross. When Jesus appeared to them, the first thing he said was, 'Peace be with you.' Our song today reminds us that each one of us can experience the peace Jesus gives.

**Watch:**

'Peace Like a River' by Listener Kids (2:18)



## Share it

**Say:**

Jesus had spent time with his disciples, teaching the people about God and sharing his love. There were some who did not like what Jesus had to say and had him arrested and killed. They got what they wanted - Jesus was put on the cross and died. His friends were heartbroken. What would they do without him?

On Easter Sunday, the news began to spread that Jesus was alive. However, not everyone had heard, and not everyone was sure what to believe. His friends were still gathered together, wondering what was true and what might happen next.

Today we are going to hear what happened when Jesus came to them.

**Read:**

**It was the first day of the week. That evening the followers were together. The doors were locked, because they were afraid of the Jews. Then Jesus came and stood among them. He said, 'Peace be with you!' After he said this, he showed them his hands and his side. The followers were very happy when they saw the Lord.**

John 20:19–20 *ICB*

**Ask:**

- Before Jesus appeared, the disciples were very afraid. What do you think they were scared of?
- How would you have felt if you were a disciple at that time?
- The disciples were afraid until they saw Jesus. How does having Jesus in your life help you when you feel afraid?
- What did Jesus say to the disciples?

**Say:**

Jesus said, 'Peace be with you!' He brought peace into a room filled with fear, and the Bible says that Jesus' 'followers were very happy when they saw the Lord'.

**Read:**

**Then Jesus said again, 'Peace be with you! As the Father sent me, I now send you.' After he said this, he breathed on them and said, 'Receive the Holy Spirit. If you forgive anyone his sins, they are forgiven. If you don't forgive them, they are not forgiven.'**

John 20:21–22 *ICB*

**Ask:**

- Jesus didn't just calm the disciples. He also sent them out. What do you think Jesus was asking them to do?
- How do you think the Holy Spirit might help the disciples after Jesus left them?
- Why do you think Jesus spoke about forgiveness at this moment?

**Say:**

Jesus was asking the disciples to go and share God's love with others, just as he had done. He promised the Holy Spirit to give them help and confidence and to remind them that he was always with them. When Jesus spoke about forgiveness, he was showing that God's love and peace are for everyone.

Not everyone found it easy to believe that Jesus was alive. Let's watch the clip to find out how Thomas reacted when he heard the news.

**Watch:**

**'Thomas Believed'** by Champion Forest Kids Ministry (2:50)

## Ask:

- Do you understand why Thomas found it difficult to believe that Jesus was alive? How would you have felt if you had heard the news?
- Thomas is often known as 'Doubting Thomas'. How would you feel if you had a negative nickname based on one moment where you were struggling and made the wrong choice? In what ways do you think the nickname is fair/unfair?
- At the end of the story, Jesus said to Thomas, 'You believe because you see me. Those who believe me without seeing me will be truly happy' (John 20:29). What do you think Jesus meant?
- Do you think Jesus was angry with Thomas? Is there anything in our story today that tells us how Jesus wanted Thomas to feel about his doubts?
- Thomas found it hard to trust what his friends were saying about Jesus. Are there parts of the Jesus story that you find confusing or hard to understand?

## Say:

Jesus said to **all** the disciples, including Thomas, 'Peace be with you!' Rather than being angry with Thomas, Jesus wanted to reassure him and strengthen his faith. It's OK for us to have doubts, but Jesus is the only one who can bring us peace when they surface.

## Action it

### Say:

In our story today, Thomas had questions and doubts, but Jesus didn't send him away. Instead, Jesus spoke peace and stayed close to him. Our memory verse reminds us that Jesus sends us out with his peace, even when we don't have all the answers. Let's share it together.

### Memory verse:

**Then Jesus said again, 'Peace be with you! As the Father sent me, I now send you.'**

John 20:21 *ICB*

Give each child a copy of the 'Memory Verse' handout. Ask them to decorate the verse using colours or patterns that feel calm and peaceful to them.

Around the verse, invite the children to add:

- words or pictures that show things they sometimes worry about
- questions they have about God or faith

Reassure the group that they do not have to share anything they don't want to.

If they feel comfortable, then they can share what they have included in their picture.

## Say:

Jesus knows that we don't always understand everything straight away. He sends us out with his peace, not with all the answers. When doubts come up, we can remember that Jesus is with us and that his peace goes with us too.



## Pray it

## Say:

In today's story the disciples were filled with fear and doubt, but Jesus brought a surprising message. After watching Jesus being taken away and killed on the cross, they were afraid that the same thing might happen to them. When Jesus appeared, nothing around them had changed. Following Jesus was still risky, but Jesus said, 'Peace be with you!' They knew that Jesus was with them, and they felt his peace.

In our activity just now, we thought about the doubts and worries we sometimes carry, and we decorated the memory verse to remind us that Jesus sends us out with his peace. Now we're going to take some quiet time to bring those doubts and fears to Jesus.

Find a comfortable place to sit or lie down. As you listen to the music, you can quietly talk to Jesus in your heart, or simply rest and remember that he is with you.

Although a YouTube clip is provided, the children do not need to watch the screen. The focus is on listening quietly and creating a calm space. When the song finishes, or the children become restless, you can fade the music. Close the session with a short prayer, thanking Jesus for his peace and reminding the children that it is OK to bring doubts and questions to him.

## Watch:

'It Is Well With My Soul' by Audrey Assad (4:10)

## Additional note:

On a separate note, just for leaders, the singer Audrey Assad is currently on her own journey of doubt and, despite her successful recording career, is unsure whether she would even describe herself as a Christian any more. Although this may not be a discussion point for your group, I wanted to share the reason behind choosing this particular song and singer.



## Explore it

Remember to send home the 'Explore it Ideas' for children and families.



## Jesus in the Room

Here are some ideas for you to explore at home.



**Bible verses:**  
John 20:19-29



**Aim:**  
To know it's OK to have doubts



**Today's fruit:**  
Peace



### Explore

When we feel afraid or are doubting Jesus is with us, we can be reassured by his words of peace. Dive into your Bible and see if you can find five Scripture verses that talk about God's peace.



### Discover

Discover more about peace as you watch the clip. Discuss the questions in the clip with the people at home.

**Watch:**  
*PEACE for Kids* (Fruit of the Spirit) by Minno Bible Stories for Kids  
[www.youtube.com/watch?v=G\\_NhtXcThuA](http://www.youtube.com/watch?v=G_NhtXcThuA)



### Song for the week

**Watch:**  
'Peace Like a River' by Listener Kids  
[www.youtube.com/watch?v=7it5W1FVtTs](http://www.youtube.com/watch?v=7it5W1FVtTs)

**LIVING  
OUT FAITH**

*Kids Alive!* Online – [salvationarmy.org.uk/kidsalive](http://salvationarmy.org.uk/kidsalive)

*Kids Alive!* The UK's only weekly Christian comic – is filled with jokes, competitions, Bible-based cartoons and much more..  
.and is now available to read online!

## Jesus on the Beach



**Bible verses:**

John 21:1-14



**Aim:**

To understand how Jesus' presence changes things, even in ordinary moments



**Today's fruit:**

Faithfulness



In this *Explore it* session we will explore the story of Jesus meeting his disciples on the beach after the resurrection.

As we reflect on a familiar moment of fishing and breakfast together, we will discover how Jesus' presence changes ordinary lives. We will be encouraged to think about faithfulness as a fruit of the Spirit and what it means to trust and follow Jesus in everyday moments.

### Each child will need:

- Pens/pencils and paper
- 'Explore it Ideas' handout
- 'John 21:1-14' handout

### You will need:

- The 'Fruit of the Spirit - Faithfulness' sign - download from **Salvationist**
- Flip-chart paper and pens



## Start it

**Say:**

In today's story the disciples share a delicious breakfast with Jesus on the beach. Before we hear what happened, I'd like you to think about your dream breakfast.

Don't say your ideas out loud yet. Just think quietly about these questions:

- What would you have to eat?
- Where would the breakfast take place?

- Who would you invite to share breakfast with you?

Give each child a piece of A5 paper and ask them to draw or write down their dream breakfast. They may need to move away from the rest of the group so they can't see each other's ideas. When everyone has finished, collect the papers and read them out one by one. See if the group can guess which dream breakfast belongs to which child.

### **Say:**

Most days we do not get to eat our dream breakfast. Breakfast becomes an ordinary meal that we have every day. It does not usually feel special. In today's story, the disciples were eating a normal, everyday breakfast when something amazing happened. Jesus was with them, and his presence changed everything.

## Sing it

### **Say:**

As we move on to the next part of our story, we find the disciples gathered ready to go fishing. By this point, the disciples had seen Jesus alive and were still getting used to this amazing news. Our song for today reminds us that, just like the disciples, we can be excited that Jesus is alive.

### **Watch:**

'The King is Alive' (Jordan Feliz Official Lyric Video) by Jordan Feliz (2:58)

## Share it

### **Say:**

By the time we reach today's story, the disciples had been through a lot. They had followed Jesus, listened to his teaching, and witnessed him dying on a cross. They were still trying to understand what it meant that Jesus was alive.

We find them back at the beach, where Jesus first called them, trying to catch some fish.

### **Watch:**

*LUMO Gospel of John Chapter 21:1-14* by Lumo Project Films (2:39)

### **Say:**

Let's take a closer look at what happened in the story and notice how Jesus' presence made a difference.

### **Discuss:**

- How do you think the disciples felt after fishing all night and catching nothing?
- When Jesus appeared on the beach, why do you think they did not recognise him at first?

- Why do you think Jesus chose to appear to the disciples while they were fishing?
- What changed after they listened to Jesus?

**Say:**

The disciples were tired and disappointed after a long night of fishing. At first, they did not realise that it was Jesus on the beach. When Jesus spoke to them, they listened and did what he said. That is when things began to change.

**Ask:**

- What difference did the presence of Jesus make to the disciples?

**Say:**

When Jesus was with the disciples, their ordinary morning changed. They went from catching nothing to catching lots of fish. Jesus met them while they were doing something familiar and helped them remember that he was still with them.

**Ask:**

- Where do you think Jesus might meet us in our everyday lives?

**Say:**

After breakfast on the beach, Jesus reminded his disciples that he was still sending them out to follow him and share his love with others.

Our memory verse for this month reminds us that Jesus sends his followers, including us, out into the world with his peace. Let's share it together.

## Memory verse:

**Then Jesus said again, 'Peace be with you! As the Father sent me, I now send you.'**

John 20:21 *ICB*

**Say:**

The disciples did not need to have everything worked out. Jesus was with them, and that helped them trust him and keep following him.

## Action it

Give each child a copy of the 'John 21:1-14' handout. As a group, briefly revisit the story and help the children notice the key moments. You may wish to jot these down on a flip chart or large sheet of paper.

Key moments to notice together may include:

- The disciples go fishing and catch nothing
- Jesus appears on the beach, but they do not recognise him

- Jesus tells them to try again
- The disciples listen to Jesus
- The nets fill with fish
- The disciples realise it is Jesus
- Jesus invites them to share breakfast

Invite the children to retell the story of the breakfast on the beach in a creative way. They can work on their own or in small groups.

Encourage them to think about:

- what changed when Jesus appeared
- how the disciples responded to Jesus
- how Jesus' presence made a difference

The children might choose to retell the story through drawing, writing, drama, puppets, or another creative idea.

Link this activity with the 'Create' task in 'Explore it Ideas', where the children can try out their story ideas at home.



## Pray it

### **Say:**

In today's story, the disciples met Jesus while they were doing something very ordinary. They were tired and unsure, but Jesus was with them. When they listened to Jesus and trusted what he said, everything changed. Jesus showed them that he had not left them and that he was still present in their everyday lives.

Display the 'Fruit of the Spirit - Faithfulness' sign

### **Say:**

Today's fruit of the Spirit is faithfulness. Faithfulness means choosing to trust Jesus and follow him because he is with us, even in ordinary moments and when we are not sure what will happen next.

Invite the children to find a comfortable space to sit quietly. You may wish to ask them to close their eyes or hold their hands still in their laps.

### **Say:**

As we take a quiet moment, think about one ordinary part of your day, such as school, home, or playing with friends. Remember that Jesus is with you in that moment. Think about how you might trust him or follow him there.

## Optional Prayer:

Dear Jesus,

Thank you that you are present with us wherever we go.

Help us to trust you and follow you, even in ordinary moments.

Help us to grow in faithfulness as we listen to you and follow your example.

Amen.

## Explore it

Remember to send home the 'Explore it Ideas' for children and families.



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*Explore it* is produced by the Children and Youth Department in collaboration with Kay Moorby (soulwithaview)

## Jesus on the Beach

Here are some ideas for you to explore at home.



**Bible verses:**  
John 21:1-14



**Aim:**  
To understand how Jesus' presence changes things, even in ordinary moments



**Today's fruit:**  
Faithfulness



### Create

In today's session you thought of lots of creative ways to retell the story of Jesus at the beach with his disciples (John 21:1-14). Try out one of the ideas and create your own retelling of the story.



### Give

Is there anyone at home who deserves their dream breakfast? Find out what it is and then surprise them one morning. You may need to ask someone else at home to help out.



### Song for the week

**Watch:**

'The King is Alive' (Jordan Feliz Official Lyric Video) by Jordan Feliz

[www.youtube.com/watch?v=O3e3TtQVHCY](https://www.youtube.com/watch?v=O3e3TtQVHCY)



# Explore it

## Jesus Appears to Seven Followers

Later, Jesus showed himself to his followers by Lake Galilee. This is how it happened: Some of the followers were together. They were Simon Peter, Thomas (called Didymus), Nathanael from Cana in Galilee, the two sons of Zebedee, and two other followers. Simon Peter said, 'I am going out to fish.'

The other followers said, 'We will go with you.' So they went out and got into the boat. They fished that night but caught nothing.

Early the next morning Jesus stood on the shore. But the followers did not know that it was Jesus. Then he said to them, 'Friends, have you caught any fish?'

They answered, 'No.'

He said, 'Throw your net into the water on the right side of the boat, and you will find some.' So they did this. They caught so many fish that they could not pull the net back into the boat.

The follower whom Jesus loved said to Peter, 'It is the Lord!' When Peter heard him say this, he wrapped his coat around himself. (Peter had taken his clothes off.) Then he jumped into the water. The other followers went to shore in the boat, dragging the net full of fish. They were not very far from shore, only about 100 yards. When the followers stepped out of the boat and onto the shore, they saw a fire of hot coals. There were fish on the fire, and there was bread.

Then Jesus said, 'Bring some of the fish that you caught.'

Simon Peter went into the boat and pulled the net to the shore. It was full of big fish. There were 153. Even though there were so many, the net did not tear. Jesus said to them, 'Come and eat.' None of the followers dared ask him, 'Who are you?' They knew it was the Lord. Jesus came and took the bread and gave it to them. He also gave them the fish.

This was now the third time Jesus showed himself to his followers after he was raised from death.

(John 21:1-14 *ICB*)