

3. Diversity Dice

 **20 Minutes**

Activity 1: Gender and Sexuality Terminology

 **Slide 8**

Divide participants into groups of 4 to 6 people.

Give each group the **gender dice** (turquoise) and the **sexuality dice** (blue).

Take turns having each person roll the dice.

After each roll, the group discusses what the term on the dice means.

Continue until all six sides of each die have been explored.

Encourage each group to write down their thoughts and answers as they go.

This activity often shows how much there is to learn about gender and sexuality terminology. Make sure to give participants plenty of time and space to share ideas and learn from each other during the discussion.

(For information on the Diversity Dice see Section 6 of the Leader’s Guide.)

 **Slides 9 to 14**

 **Definitions**

Go through the definitions on slides 9 to 14 to make sure everyone is clear on the terms.

Key point on slide 14: Terminology related to LGBTQ+ identities evolves as understanding of sexuality and human complexity grows. The terms used to describe sexual orientation and gender identity have changed over time and are expected to continue developing. Language is applied differently across individuals, generations and regions.

Large rounded rectangular box containing 20 horizontal lines for writing notes.

It is important to maintain cultural awareness in order to interpret the terminology young people use appropriately and to refer to LGBTQ+ young people respectfully.

For further clarification on all of these terms and a description of all of the dice, please refer to the Diversity Dice instruction booklet.

Three horizontal lines for notes.

4. Video Testimonies

 **30 Minutes**

Slide 15

Personal stories and testimonies teach us a lot. To better understand the lives of young people who identify as LGBTQ+, it's important to hear about their journeys firsthand.

Explain to participants that they will watch a series of videos where individuals share their experiences, giving insight into the real, lived experiences of the LGBTQ+ community.

Select two or three of the videos, depending on the time available. If you know a little about the participants – their context and work with young people – you can choose videos that are most relevant.

After each video, allow some time for reflection, making sure not to frame it as judging the stories. Encourage participants to share in pairs or small groups what surprised them or stood out to them from the story.

Some additional general questions you could use:

- How did hearing this person's story make you feel?
- Did anything surprise you or challenge your thinking?
- What do you think are the key challenges or barriers this person has faced?
- In what areas may this person need support and/or pastoral care?
- What can you take from this story to better support LGBTQ+ young people?

Multiple horizontal lines for notes.

