

GET OWT!
Outside With Toddlers

Start the trail here...

Follow the trail to find eight fun sport challenges. Ready, steady, GO!



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GET OWT!
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Touch your toes
and then stretch up
as high as you can!



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Can you do some
star jumps?



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**Kick your legs as
high as you can!**



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**Pretend to ride a bike
to the next challenge!**



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Try to balance on
one leg - hold a
tree to help you!



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**Bend down like a frog
and jump back up!**



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**Pretend to swim all
the way to the next
challenge!**



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Run all the way to
the finish line!



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Hooray! You've completed all the challenges! Don't forget to stamp your star sheet.

