



Children
& Youth

2026-2027

INFORMATION HANDBOOK



Terrain

A YEAR EXPLORING WHO JESUS IS AND WHAT THAT MIGHT MEAN FOR YOU

Terrain



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Children & Youth Department
The Salvation Army
Territorial Headquarters
1 Champion Park
London SE5 8FJ

childrenyouth@salvationarmy.org.uk



Children
& Youth



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Terrain has been created for people just like you.
Here's an information pack calling you deeper.

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But what is Terrain? How does it work? Why?

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There are some things you need to do in order to get to the starting line. There are other expectations of the programme which will help you get the most from the experience which we'd love for you to agree to.

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Don't just take our word for it.
This isn't the first time we've run this and so we've got some beautiful words from past Terrainnees!

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Head to this section to help you apply to be part of our next cohort of Terrain!



**"THE GOSPELS
ARE NOT SIMPLY
ABOUT
JESUS
BUT ABOUT
JESUS
SPEAKING
TO US
ABOUT THE
JOURNEY
WE ARE ON."**

ALEXANDER JOHN SHAIA



Terrain

INVITATION

Jesus entered into the world fully as human and as such gave us a blueprint of how to navigate some of life's big themes and questions.

But what is it about Jesus' life that has caused people to pay attention and attempt to replicate his way of living for 1000s of years?

Terrain invites you to a unique opportunity to change the view and allow Jesus to speak to you through experience, encounter and question. Over the course of a year Terrainees will go on a journey of discipleship looking at the four gospels which give us an insight into Jesus' life.

We'll use new and creative ways of discovering what these old texts have to say to us, and we'll use some ancient methods to help us notice what's happening on the new paths that we tread on each day.

Instead of inviting you to a new place, we want to help you see your now place differently. Four View weekends, monthly online catch-ups, mentoring and personal study will help you explore how we face change; move through suffering; receive joy and mature in service and notice these themes in your everyday.

Curious? Come and join us for a year of adventure and exploration as well as reflection and review! We want to wake up to the journey that we're on so that we can recognise the fullness of life Jesus has for us.

You would be so welcome.

To understand more of what
Terrain looks like watch our video:



EXPLANATION

Terrain uses the work of theologian and author Alexander John Shaia as a map to help us get to know Jesus better and orientate towards the full life He might have for us.

Shaia suggests that each gospel is written to ask a specific question:

MATTHEW - HOW DO WE FACE CHANGE?

MARK - HOW DO WE MOVE THROUGH SUFFERING?

JOHN - HOW DO WE RECEIVE JOY?

LUKE - HOW DO WE MATURE IN SERVICE?

But what is TERRAIN?

Over the course of a year, Terrain intentionally creates space for young adults to be immersed in the life transforming gospels of Jesus Christ.

It does this through various ways of learning for a true holistic experience. These are:

1. LOCATION LEARNING

Much of Jesus' teaching was outdoors using the world around him as his classroom. Exploring what the Christian faith has to offer us whilst we are on location allows our learning to be rooted in contextual experience rather than just theory. We hope to introduce you to tools to help get the most out of the places you find yourselves in, both together on one of our four residential weekends and in your current context.

(Check out the timeline on page 9 for more information about the residential weekends)

2. REFLECTIVE MENTORING

We believe that a really helpful way to grow is through mentoring. Whether you've been mentored before or not, this practice can be really important as it helps us to hear questions which we may not be prepared to ask ourselves. It gives us a trusted person to share our journey with and it helps you get the most out of the year.

Jesus often helped people learn in this way.

You will be assigned a mentor from your division, as well as have access to the Terrain team who will seek to develop your discipleship through questions to help you go deeper.



EXPLANATION

3. DEEP COMMUNITY

One of the joys of Terrain is that you do not journey alone, but alongside others who are seeking in a similar way to you. You will quickly understand that you belong and as you get to know your fellow Terraineers you will begin to see them all as a group of companions who will be there for you through the changes and the moments of pain, who will be there to cheer you on with successes and you'll learn to serve one another and the world. To belong to an encouraging, supportive group of people who see the value in the journey and have a shared experience is key to learning well from each other.

We are each created in God's image and so in each of us God can be seen and therefore we continually strive to see that in each other and this change of view encourages us to learn about God through our community.

Our community is formed through the shared experiences at our residential weekends and the commitment to our zoom learning community by way of meaningful engagement and preparation.

4. SOLO



Some of your greatest discoveries on the course may come as a result of solo time.

We will gift you space over the year to get to grips with this discipline through reading, listening, journalling, creative tasks and times of deliberate noticing.

We will practise and model solo time on each of our view weekends, but also set you tasks outside of our weekends to help this become a habit so that we are rooted in the gospels.

The programme is deliberately a 'year in' programme where you don't need to move away from where you are at the moment. We want you to explore what God is saying to you about your life in your context right now. It's an opportunity to focus on 'who you are, where you are'.



**"COME
AND
SEE!"**

JESUS
JOHN 1



Terrain

EXPLANATION

EXPLANATION

COSTS

The following costs are required as a contribution towards your place on the programme.

For students or those not in employment - £275

For those employed - £550

This payment from you contributes towards:

- Four residential weekends away
- Food at all the residential weekends away
- Activities whilst away
- Staffing of weekends (including qualified instructors and professional guests)
- A copy of the four gospels and other resources

The programme is heavily subsidised by the Children and Youth Department and we believe it to be of excellent value. It's important for you and for us that the participant contributes in this way where they can in order to demonstrate personal commitment to the programme.

Should finance be a barrier to your involvement please think creatively.

You could:

- organise a local fundraiser
- speak to your corps/division to see if there is any possibility of sponsorship
- commit to a regular payment plan to make it manageable.

Note: You will also be responsible for the costs of travel to and from the residential weekends. The Terrain team will do what they can to support you in this by reminding you to book appropriate travel in good time and encourage car sharing where possible.





**“WE HAVE
NEVER
SEEN
ANYTHING
LIKE
THIS!”**

CROWD ABOUT JESUS
MARK 2:12

 **Terrain**

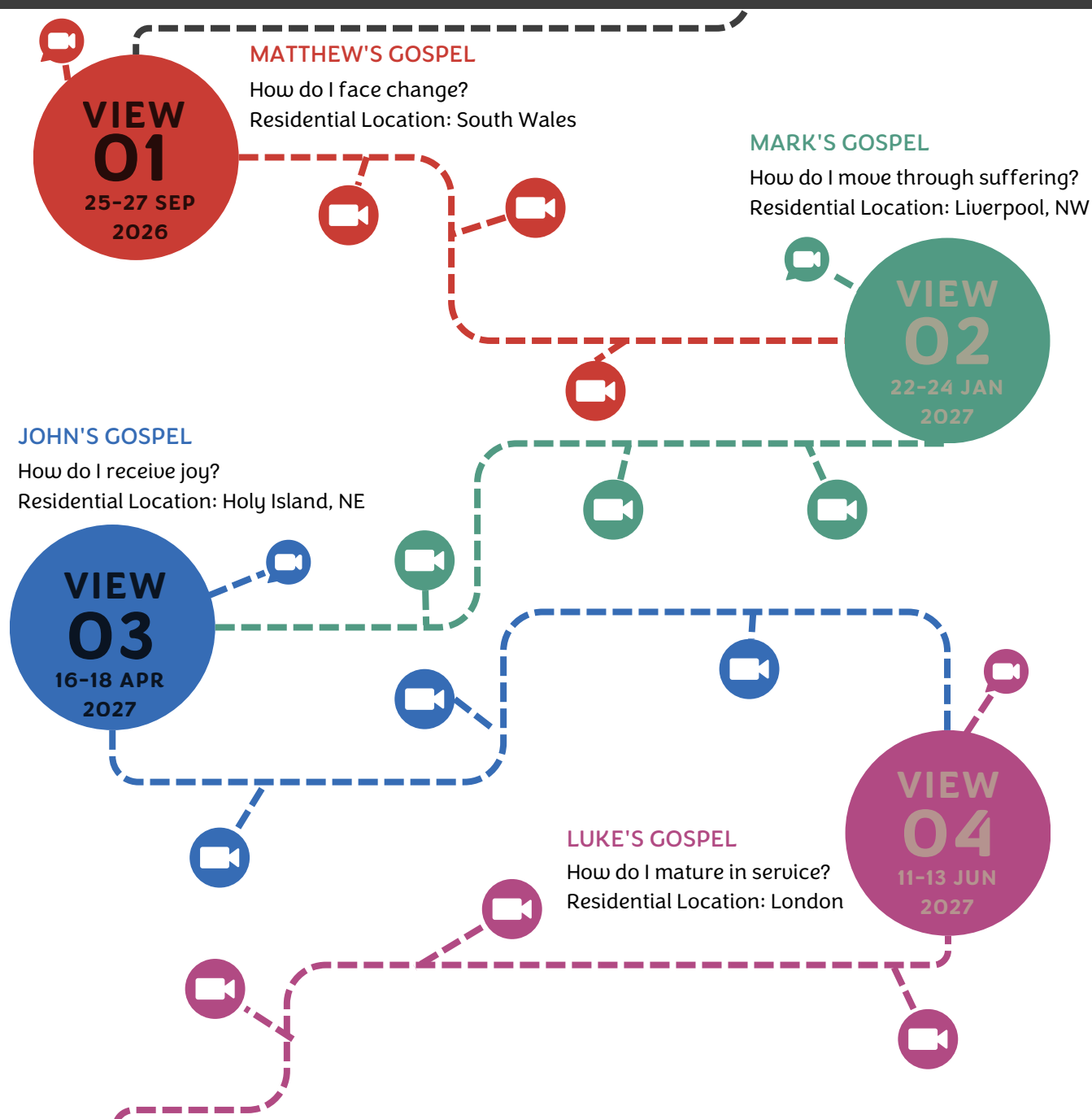
TIMELINE

The programme runs over the course of a year. In each quarter we will be looking at a different gospel and focusing on the question that Alexander John Shaia suggests comes from that gospel. We look at each theme together both in person on our View weekends and online through our zoom sessions. Additionally we have a shorter zoom in the week before each View weekend to ensure that all Terrainees are prepared appropriately.

OPENING ONLINE GATHERING



SEP 22ND
2026



EXPECTATION

The TERRAIN programme has been designed to work hand in hand with the context you currently find yourself in and we believe it will be complementary to the demands of your every day life. However there are some things that we think are important for you to commit to in order for you to get the most out of your year-in.

Before the course starts:

Listen to the introduction to the All Terrain Podcast to give you more of a flavour of the themes and questions. Listen [here](#).

Pray about your involvement in the course.

Check your availability for the four residential weekends and put them in your diary! it is important you are at each of them.

The closing date for application forms to be returned is the 1st September 2026, but please note, places may be awarded to successful applicants prior to this date which could mean the cohort could be full earlier than this.

Following acceptance onto the programme, you will be required to make your first (or full) payment by the 15th September 2026 to confirm your place.

During the course:

LOCATION LEARNING

Attendance and engagement at all four residential weekends (four weekends spaced out during the year), and our Re:View day.

Organise your own transport to each of the residential weekends. This may be done in collaboration with fellow Terrainees/DYS but it is your responsibility.

Come with the correct kit (see kit list) or advise Terrain Team if it is not possible to obtain any particular item in good time.

REFLECTIVE MENTORING

Arrange and attend regular mentoring sessions with your personal mentor. (1 hour per month)

DEEP COMMUNITY

Attendance and contribution to our monthly learning community gathering points on Zoom (2-3 hours per month).

Be respectful to all and value and encourage the contribution of everyone.

SOLO

Completion of reading of the gospels and any other related reading/listening(10 minutes per day/1 hour per week)

Be committed to ongoing personal development and growth.

SHARED BEHAVIOURS

In order to get the most out of the Terrain community we think a number of shared behaviours should be agreed to;

We understand that all contributions are valuable and so we seek to cherish each participant and what they bring to the group by giving them space to share and respect for difference.

We will each communicate in an honest and timely manner, particularly when things are being organised.

We will conduct ourselves with good Christian integrity throughout the year.

We will strive to challenge ourselves to be the best we can be which may mean operating outside of our comfort zones, but with the understanding that we'll be well supported throughout.

WHAT YOU CAN EXPECT FROM THE TERRAIN TEAM

We are really invested in this programme and believe in it's ability to help you change the view for your life. The team are experienced in guiding you through this journey and want the best from you. We believe in accountability and commit the following to you;

We will provide you with clear communication so that you know what is expected of you at any one time.

We will run monthly zoom sessions to help the learning community maintain contact and momentum.

We will be available to you through Whatsapp.

We will always give you opportunity to ask questions and encourage curiosity.

We will send you some items in the post throughout the year.

We will tailor the course to meet your needs, personalities and learning styles.

We will keep you safe throughout the programme through inclusion of specialists, experts and high support.

We remain committed to learning on the journey and so will be with you in the discovery of what Jesus is saying and follow the same rhythms and practices as the Terrainees.



EXPECTATION

Kit List

Throughout your year on Terrain, you will take part in a number of experiences across a variety of environments. A big part of our weekends together is about location learning and so we want to make sure you're comfortable whilst out and about. There is some kit you will need – though you won't need all of it each time. We'll provide a specific list for each weekend. If you have any questions about the suitability of equipment or if you're unable to get hold of any of the items below, please get in touch and we'll do what we can to help.

Essential:

- Quality footwear
- Sleeping Bag (quality: season 2/3)
- Waterproof jacket
- Comfortable rucksack (around 30L+ capacity)
- Reusable water bottle
- Swimwear
- Hat and gloves
- Suncream and lip balm

Strongly Recommend:

- Walking boots/trainers
- Waterproof trousers

Useful:

- Walking socks
- “Wicking” or quick drying layers



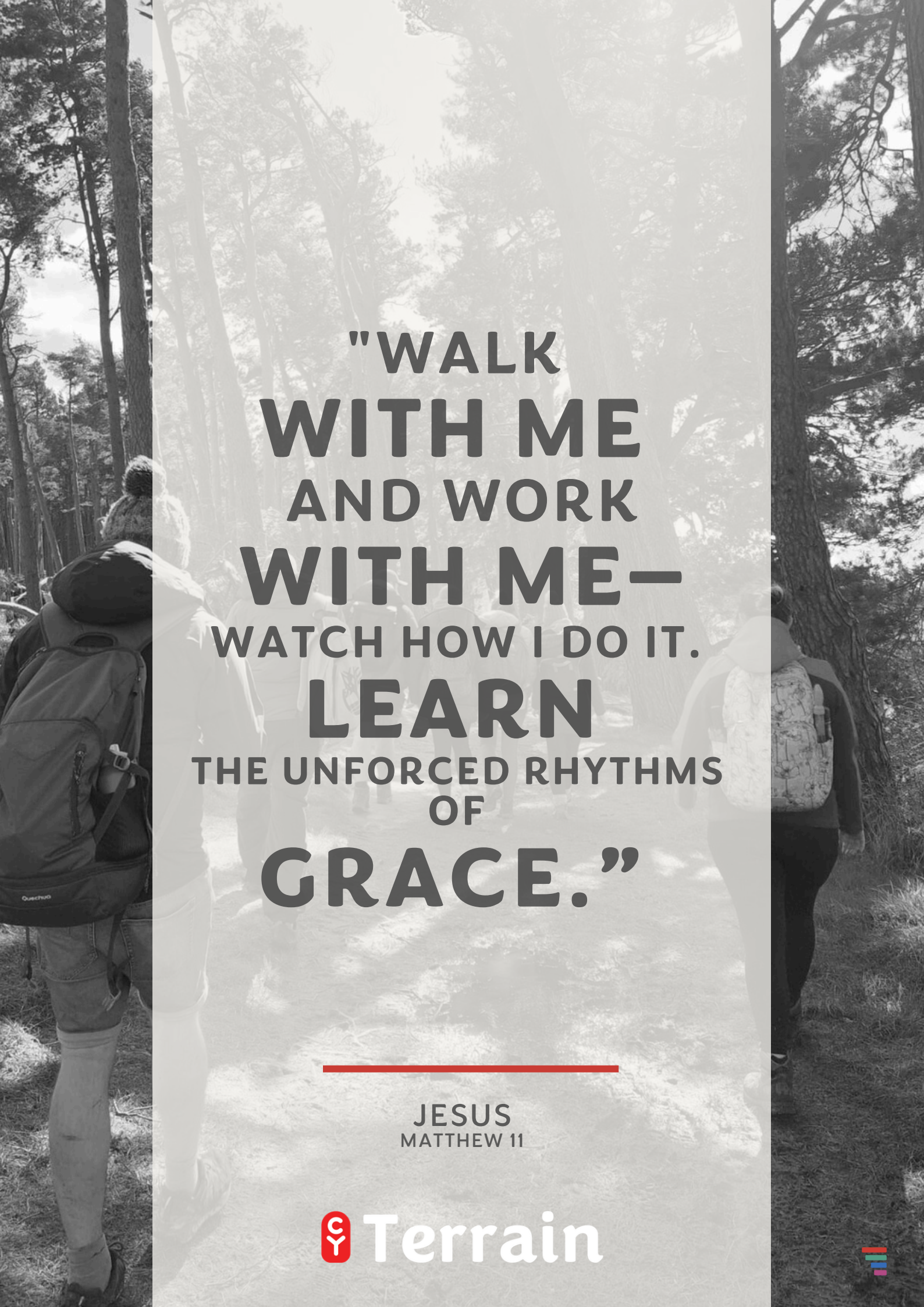
Below is a list of brands/retailers from which to source this sort of equipment.

We have provided a list of ethical (in terms of people, environment and sustainability) but it may be that these are out of reach financially and so cheaper options are also listed.

Ethical brands: Mountain Hardwear/Paramo/Patagonia/Cotopaxi

Grab a bargain at: Ebay/Go Outdoors/Decathlon/Trespass/Mountain Warehouse

Do also feel free to borrow kit and equipment from friends and family members/people from your Church/Corps to save you from buying equipment you might not use again after this programme.



**"WALK
WITH ME
AND WORK
WITH ME—
WATCH HOW I DO IT.
LEARN
THE UNFORCED RHYTHMS
OF
GRACE."**

JESUS
MATTHEW 11

 **Terrain**



RECOMMENDATION

The Terrain programme has been running for a number of years now and each time we run it Terrainees are positively impacted. Here's what some previous Terrainees have said about it:



Just do it, You will love it and meet some amazing people. The changes you will see in yours and others lives by collectively growing together in God are immeasurable.



If you would like an alternative and insightful way to 'tune in' to your faith and your own journey, go for it. The support we have been able to provide for one another has been something that I've appreciated so much.



Realistically, everything about Terrain on paper was the opposite of myself. I didn't like walking, didn't like breaking a nail or not washing my hair, had never squealed down the side of a big rock before, had never really read my bible all that much. It was not something that technically appealed to me; and that is the sort of person I would encourage to take part in Terrain. I would encourage the people who it wouldn't appeal to. I think a cohort of such a mixed bunch of people to become such close friends is something that you need. You may not know you need it, but you do. You need their insight and to hear about their experiences with God. You need to experience new things with them. You just do.



Do it, it's an incredible experience and chance for growth, I loved every minute of my Terrain year and cannot overstate how much it helped me to build myself and my relationship with God.



Do it because you'll come out knowing something you never knew you needed.



APPLICATION

TERRAIN 26-27

More Questions?

If you want to have an informal conversation to find out more about this programme and whether it would be right for you please either get in touch with the Children and Youth Department (childrenyouth@salvationarmy.org.uk) who will put you in touch with the team or even a past Terrainnee, or you could speak to your Divisional Youth Specialist.

To apply:

To be part of our next wonderful cohort of Terrainnees you can:

Request a digitally fillable pdf. application form from your Divisional Youth Specialist.

or

Complete an online form at the following link or via the scannable QR code.

<https://forms.office.com/e/p8fDzX2a7q>



Hard copy forms are available on request.

Please note

Acceptance on Terrain is conditional on:

- the endorsement of your DYS and Corps officer/Church leader
- the successful completion of the application form
- and an informal interview with the Terrain leadership team

We look forward to hearing from you!



**"I HAVE
COME
THAT THEY
MAY HAVE
LIFE,
AND HAVE IT TO
THE
FULL."**

JESUS
JOHN 10:10



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childrenyouth@salvationarmy.org.uk

APPLICATION

TERRAIN 25-26

Please return the completed form to:

Children and Youth, The Salvation Army, 1 Champion Park, London, SE5 8FJ

Or email: childrenyouth@salvationarmy.org.uk

CONTACT DETAILS

Name _____ Preferred Name _____ Title _____

Address _____ Postcode _____

Mobile Number _____

PERSONAL DETAILS

Gender _____ Preferred Pronoun _____ Date of Birth _____

CORPS/CHURCH DETAILS

Name of Corps/Church _____

How long have you been part of this Corps/Church? _____

Corps Officer/Church Leaders _____

CURRENT CONTEXT

CHURCH LIFE - What activities/groups both within your Corps/Church and beyond that (e.g. Divisional/Territorial or other) have you found to be most beneficial in your faith and why?

APPLICATION

TERRAIN 25-26

FAITH LIFE - Describe your Christian life and your relationship with God at this present time.

STUDY/WORK LIFE- Tell us a bit about what you are doing at the moment, and if there are any planned changes (like new jobs / courses etc). What is it you like about your course or job and what have you found to be some of the demands and opportunities of being a Christian there?

PART 5**APPLICATION**

TERRAIN 25-26

INTERESTS AND HOBBIES

Describe your interests in hobbies. What do you find life giving? How do you best unwind?

TERRAIN PROGRAMME

What interests you about this programme? Why would you like to be part of it? How do you think the Terrain programme will stretch and challenge you? Why do you think Jesus is inviting you into this?

PART 5

APPLICATION

TERRAIN 24-25

GENERAL DATA PROTECTION (GDPR) STATEMENT:

The Children and Youth Department will hold your personal information in our legitimate interests in arranging your participation in this programme. We will not share this information with anyone and will keep for 12 months. You have a right to ask for a copy of information we hold about you, and in some circumstances to have it amended or deleted and to withdraw consent. For this and to raise any issues on how your information is handled please contact the Head Privacy Officer at data.protection@salvationarmy.org.uk. If you are still not happy you may raise your concerns with the Information Commissioner's Office. For more information, see our privacy policy on The Salvation Army Website or request a copy from 1 Champion Park, London SE5 8FJ. Tel: 020 7367 4500

The Children and Youth Department may wish to contact you regarding upcoming events, training and resources.

I am happy to be contacted by:

Post ☐ Telephone ☐ Email ☐ Social media ☐

Do you consent to appropriate use by The Salvation Army of images and/or video footage during the Terrain Programme (E.g. inclusion in our publications DVD, website/social media sites) ☐ Yes ☐ No

SIGNATURES

ENDORSEMENTS

I am happy to endorse this application and acknowledge the value of Terrain for this person's spiritual development.

CORPS OFFICER

Printed Name _____ Signature _____ Date _____

DIVISIONAL YOUTH SPECIALIST

Printed Name _____ Signature _____ Date _____

RELEASE OF LIABILITY

I do hereby release The Salvation Army, its agents, employees and volunteer assistants of from any liability whatsoever arising out of any injury, loss or damage which may be occurred through Terrain.

Printed Name _____ Signature _____

Date _____

COMMITMENT

Please sign below to confirm that the above information is correct and complete and to signify your commitment to all aspects of the Terrain programme.

Printed Name _____ Signature _____

Date _____

APPLICATION:MEDICAL

TERRAIN 25-26

All of the weekends will require an element of physical activity, some more than others. It would be good to get a brief awareness of your health. Please ensure this form is completed and returned with the application form. You will not be able to attend the residential events without a completed and signed medical form. This is for your safety.

CONTACT DETAILS

Name _____ Preferred Name _____ Title _____
 Address _____ Postcode _____
 Mobile Number _____

PERSONAL DETAILS

Gender _____ Preferred Pronoun _____ Date of Birth _____

EMERGENCY CONTACT

Name _____ Contact Number(s) _____
 Relationship to you _____

GP'S DETAILS

Name _____ Number _____
 Address _____

MEDICAL HISTORY

Do you consider yourself to have any disability, impairment or long-term condition? If so, please underline/highlight where appropriate.

Hearing/Physical/Learning/Psychological or Mental Health Condition/
 Vision/Other

Please give further details, including any ongoing medication or support needed.

PART 5

APPLICATION:MEDICAL

TERRAIN 25-26

Are you up to date with immunisations (including childhood immunisations and covid immunisations)? ☐ Yes ☐ No

If no, please give details

Do you have any allergies (e.g. bee stings, medicine...) or phobias? ☐ Yes ☐ No
If yes, please give details:

Do you have any special dietary requirements? ☐ Yes ☐ No
If yes, please give details:

Do you suffer with any of the following conditions? Epilepsy: ☐ Yes ☐ No
Diabetes: ☐ Yes ☐ No Asthma: ☐ Yes ☐ No Anaphylaxis: ☐ Yes ☐ No
Please give further details as required:

Detail below anything not covered above that would be helpful for us to know.

In the event of emergency treatment:

Do you consent for this to be carried out according to the best judgement of any medical staff who may attend to you? ☐ Yes ☐ No

Do you give consent for emergency treatment to be given if necessary? ☐ Yes ☐ No

Do you give consent for emergency anaesthetic to be given if necessary? ☐ Yes ☐ No

By signing this form you are confirming that you have read and understood the contents of this medical form and that the information given is correct to the best of your knowledge.

Printed Name _____ Signature _____

Date _____

APPLICATION:MEDICAL

TERRAIN 25-26

 Terrain**Children
& Youth**

Children & Youth Department
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DYS EXPECTATIONS



The Terrain year has the potential to be truly **transformational** for young adults. They will be exposed to so many helpful ideas and experiences and exist within a supportive community. However, there is a danger that all the good that occurs remains in the confines of 'the event'.

MENTORING

One of the key ingredients to successfully navigating Terrain and translating the learning to holistic application is **strong mentoring**. This sounding board with someone who they have an existing relationship with is a really important tool in the life of Terrain as it helps young adults **track growth** in themselves as well as **contextualise their learning more locally**.

The expectations on our DYS' is that they **provide effective mentorship** for participant(s) from their division. We would be looking for a mentoring meeting **once a month** throughout the course, and our preference would be that this takes place face to face, although we recognise that this might not always be possible and so a Zoom/Teams alternative would occasionally be acceptable.

It may be that you are not the best mentor option for a particular Terraine. If this is the case, as the person with the best knowledge of the Terraine and the potential mentors available, it would be your responsibility to identify and arrange an alternative mentor and ensure that the relationship functions throughout the year.

It will be made clear to the Terrainees that it is their responsibility to organise these meetings with you or their alternative mentor.

We expect DYS' and non DYS mentors involved in Terrain to make themselves **available for training sessions** both on the model of mentoring used in Terrain and the Quadratos.

Whilst not an expectation, you may want to engage with the material throughout the year (All Terrain Podcast, reading) to aid your conversations or to be able to prompt your mentee further. We can provide a suggested reading list for each theme.

It is the responsibility of both DYS and Terraine to **keep us up to date** with the mentoring relationship.

PARTICIPATION

There may be occasions when it's of benefit to you, the DYS, your Terraine or Terrain itself for you to **participate in elements of the programme**. This could be attending one of the View weekends or some of our Zoom gatherings. If this is of particular interest to you, please let us know, otherwise we'll be in touch with any requests.

You may be called upon to **encourage your** Terraine to prioritise the monthly zooms/weekends, additional reading etc. if they aren't managing this well by themselves.

PAYMENT

The payment for Terrain is a personal responsibility of those wishing to take part. Some divisions have previously sponsored all or some of their participants costs (application and/or travel). If this is happening from your division, prompt payment would be appreciated. While we will provide payment details and reminders, we would ask that if payment is not received in a timely manner, you support us and your Terraine by chasing where necessary and ensuring the payment is made.



PART 5**APPLICATION**

TERRAIN 25-26

SIGNATURES

Most of the Terrain form has been completed online, however, in order to retrieve a signature from you this small additional step is required. Please download and sign below to complete your online application and return to childrenyouth@salvationarmy.org.uk.

Please note, this can be completed digitally and returned via email, or printed, completed manually and then scanned and returned via email.

RELEASE OF LIABILITY

I do hereby release The Salvation Army, its agents, employees and volunteer assistants of from any liability whatsoever arising out of any injury, loss or damage which may be occurred through Terrain.

Printed Name _____

Signature _____

Date _____

COMMITMENT

Please sign below to confirm that the information you provided on the digital form was correct and complete and to signify your commitment to all aspects of the Terrain programme ((which includes attendance at in person gatherings, online meetings, personal study and responsibility for cost).

Printed Name _____

Signature _____

Date _____



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PART 4

RECOMMENDATION

Don't just take our word for it.
This isn't the first time we've run this and so we've got some beautiful words from past Terrainnees!

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EXPLANATION

3. DEEP COMMUNITY

One of the joys of Terrain is that you do not journey alone, but alongside others who are seeking in a similar way to you. You will quickly understand that you belong and as you get to know your fellow Terraineers you will begin to see them all as a group of companions who will be there for you through the changes and the moments of pain, who will be there to cheer you on with successes and you'll learn to serve one another and the world. To belong to an encouraging, supportive group of people who see the value in the journey and have a shared experience is key to learning well from each other.

We are each created in God's image and so in each of us God can be seen and therefore we continually strive to see that in each other and this change of view encourages us to learn about God through our community.

Our community is formed through the shared experiences at our residential weekends and the commitment to our zoom learning community by way of meaningful engagement and preparation.

4. SOLO



Some of your greatest discoveries on the course may come as a result of solo time.

We will gift you space over the year to get to grips with this discipline through reading, listening, journalling, creative tasks and times of deliberate noticing.

We will practise and model solo time on each of our view weekends, but also set you tasks outside of our weekends to help this become a habit so that we are rooted in the gospels.

The programme is deliberately a 'year in' programme where you don't need to move away from where you are at the moment. We want you to explore what God is saying to you about your life in your context right now. It's an opportunity to focus on 'who you are, where you are'.



"COME AND SEE!"

JESUS
JOHN 1

 **Terrain**

EXPLANATION

EXPLANATION

COSTS

The following costs were required as a contribution towards your place on the programme. (as of 2024-2025 cohort and subject to change)

For students or those not in employment - £275

For those employed - £550

This payment from you contributes towards:

- Four residential weekends away
- Food at all the residential weekends away
- Activities whilst away
- Staffing of weekends (including qualified instructors and professional guests)
- A copy of the four gospels and other resources

The programme is heavily subsidised by the Children and Youth Department and we believe it to be of excellent value. It's important for you and for us that the participant contributes in this way where they can in order to demonstrate personal commitment to the programme.

Should finance be a barrier to your involvement please think creatively.

You could:

- organise a local fundraiser
- speak to your corps/division to see if there is any possibility of sponsorship
- commit to a regular payment plan to make it manageable.

Note: You will also be responsible for the costs of travel to and from the residential weekends. The Terrain team will do what they can to support you in this by reminding you to book appropriate travel in good time and encourage car sharing where possible.





**“WE HAVE
NEVER
SEEN
ANYTHING
LIKE
THIS!”**

CROWD ABOUT JESUS
MARK 2:12

 **Terrain**

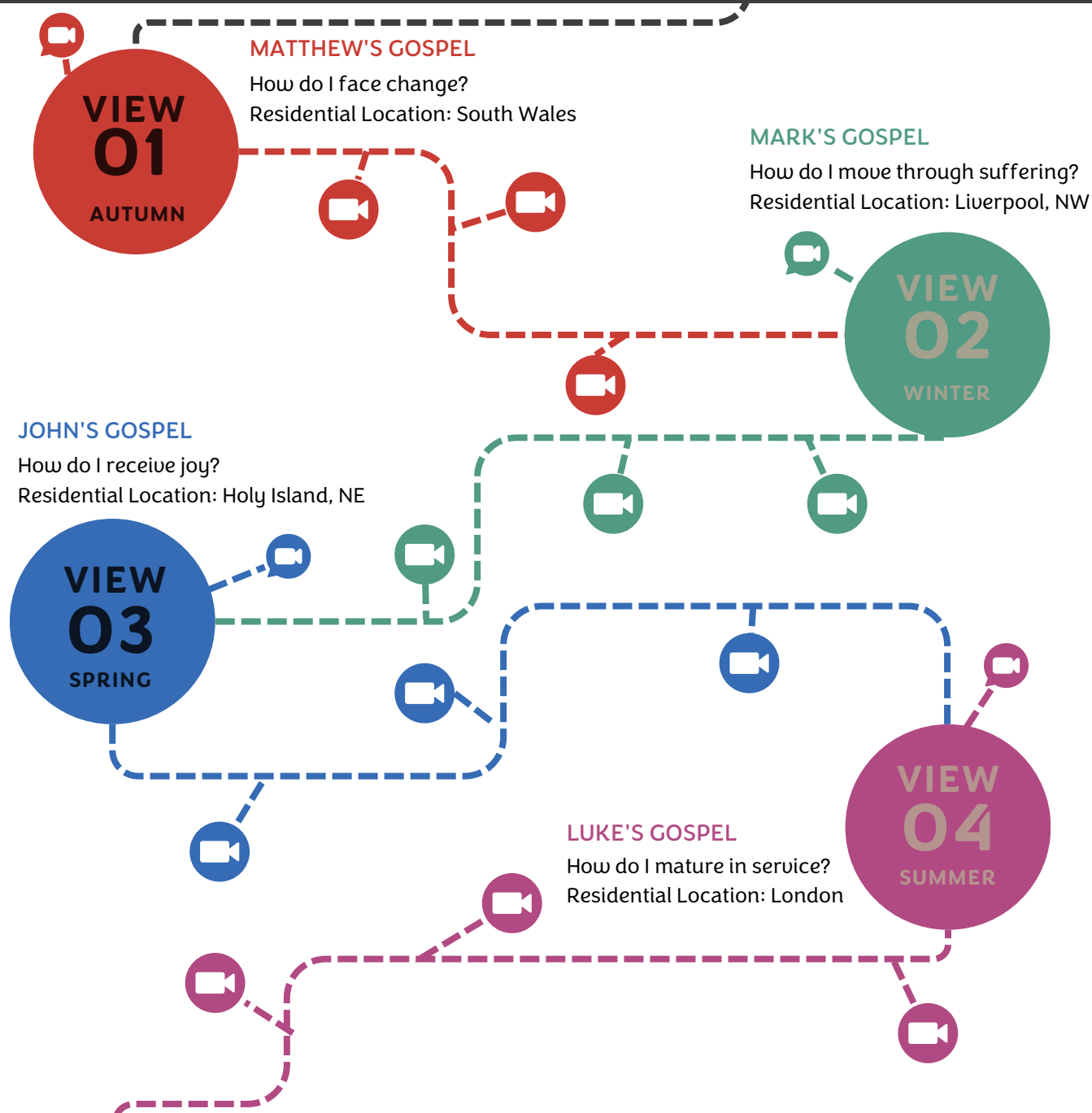
TIMELINE

The programme runs over the course of a year. In each quarter we will be looking at a different gospel and focusing on the question that Alexander John Shaia suggests comes from that gospel. We look at each theme together both in person on our View weekends and online through our zoom sessions. Additionally we have a shorter zoom in the week before each View weekend to ensure that all Terrainees are prepared appropriately. (Locations correct as of 2024-2026 but subject to change)

OPENING ONLINE GATHERING



SEPTEMBER



RE:VIEW

AN OPPORTUNITY TO DEBRIEF THE LEARNING FROM
THE YEAR AND CELEBRATE TOGETHER.

SEPTEMBER

EXPECTATION

The TERRAIN programme has been designed to work hand in hand with the context you currently find yourself in and we believe it will be complementary to the demands of your every day life. However there are some things that we think are important for you to commit to in order for you to get the most out of your year-in.

Before the course starts:

Listen to the introduction to the All Terrain Podcast to give you more of a flavour of the themes and questions. Listen [here](#).

Pray about your involvement in the course.

Complete the application form and return to the Children and Youth Department.

Following acceptance onto the programme, you will be required to make your first (or full) payment by the 1st September to confirm your place.

During the course:

LOCATION LEARNING

Attendance and engagement at all four residential weekends (four weekends spaced out during the year), and our Re:View day at the end of your year.

Organise your own transport to each of the residential weekends. This may be done in collaboration with fellow Terrainees/DYS but it is your responsibility.

Come with the correct kit (see kit list) or advise Terrain Team if it is not possible to obtain any particular item in good time.

REFLECTIVE MENTORING

Arrange and attend regular mentoring sessions with your personal mentor. (1 hour per month)

DEEP COMMUNITY

Attendance and contribution to our monthly learning community gathering points on Zoom (2-3 hours per month).

Be respectful to all and value and encourage the contribution of everyone.

Contribute appropriately to our whatsapp learning community.

SOLO

Completion of reading of the gospels and any other related reading/listening (10 minutes per day/1 hour per week)

Be committed to ongoing personal development and growth.



EXPECTATION

SHARED BEHAVIOURS

In order to get the most out of the Terrain community we think a number of shared behaviours should be agreed to;

We understand that all contributions are valuable and so we seek to cherish each participant and what they bring to the group by giving them space to share and respect for difference.

We will each communicate in an honest and timely manner, particularly when things are being organised.

We will conduct ourselves with good Christian integrity throughout the year.

We will strive to challenge ourselves to be the best we can be which may mean operating outside of our comfort zones, but with the understanding that we'll be well supported throughout.

WHAT YOU CAN EXPECT FROM THE TERRAIN TEAM

We are really invested in this programme and believe in it's ability to help you change the view for your life. The team are experienced in guiding you through this journey and want the best from you. We believe in accountability and commit the following to you;

We will provide you with clear communication so that you know what is expected of you at any one time.

We will run monthly zoom sessions to help the learning community maintain contact and momentum.

We will be available to you through Whatsapp.

We will always give you opportunity to ask questions and encourage curiosity.

We will send you some items in the post throughout the year.

We will tailor the course to meet your needs, personalities and learning styles.

We will keep you safe throughout the programme through inclusion of specialists, experts and high support.

We remain committed to learning on the journey and so will be with you in the discovery of what Jesus is saying and follow the same rhythms and practices as the Terrainees.



EXPECTATION

Kit List

Throughout your year on Terrain, you will take part in a number of experiences across a variety of environments. A big part of our weekends together is about location learning and so we want to make sure you're comfortable whilst out and about. There is some kit you will need – though you won't need all of it each time. We'll provide a specific list for each weekend. If you have any questions about the suitability of equipment or if you're unable to get hold of any of the items below, please get in touch and we'll do what we can to help.

Essential:

- Quality footwear
- Sleeping Bag (quality: season 2/3)
- Waterproof jacket
- Comfortable rucksack (around 30L+ capacity)
- Reusable water bottle
- Swimwear
- Hat and gloves
- Suncream and lip balm

Strongly Recommend:

- Walking boots/trainers
- Waterproof trousers

Useful:

- Walking socks
- “Wicking” or quick drying layers



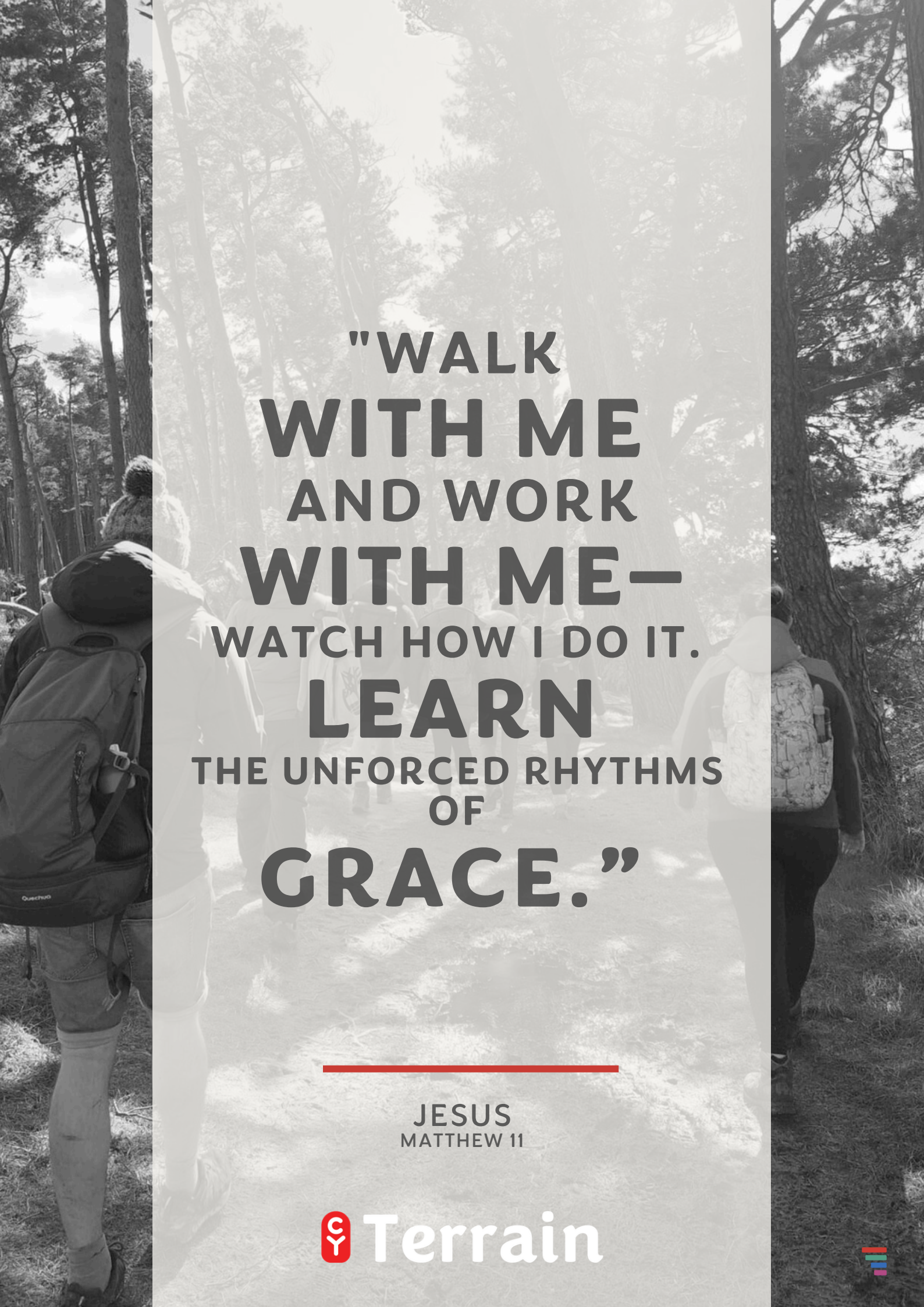
Below is a list of brands/retailers from which to source this sort of equipment.

We have provided a list of ethical (in terms of people, environment and sustainability) but it may be that these are out of reach financially and so cheaper options are also listed.

Ethical brands: Mountain Hardwear/Paramo/Patagonia/Cotopaxi

Grab a bargain at: Ebay/Go Outdoors/Decathlon/Trespass/Mountain Warehouse

Do also feel free to borrow kit and equipment from friends and family members/people from your Church/Corps to save you from buying equipment you might not use again after this programme.



**"WALK
WITH ME
AND WORK
WITH ME—
WATCH HOW I DO IT.
LEARN
THE UNFORCED RHYTHMS
OF
GRACE."**

JESUS
MATTHEW 11

 **Terrain**



RECOMMENDATION

The Terrain programme has been running for a number of years now and each time we run it Terrainees are positively impacted. Here's what some previous Terrainees have said about it:



Just do it, You will love it and meet some amazing people. The changes you will see in yours and others lives by collectively growing together in God are immeasurable.



If you would like an alternative and insightful way to 'tune in' to your faith and your own journey, go for it. The support we have been able to provide for one another has been something that I've appreciated so much.



Realistically, everything about Terrain on paper was the opposite of myself. I didn't like walking, didn't like breaking a nail or not washing my hair, had never squealed down the side of a big rock before, had never really read my bible all that much. It was not something that technically appealed to me; and that is the sort of person I would encourage to take part in Terrain. I would encourage the people who it wouldn't appeal to. I think a cohort of such a mixed bunch of people to become such close friends is something that you need. You may not know you need it, but you do. You need their insight and to hear about their experiences with God. You need to experience new things with them. You just do.



Do it, it's an incredible experience and chance for growth, I loved every minute of my Terrain year and cannot overstate how much it helped me to build myself and my relationship with God.



Do it because you'll come out knowing something you never knew you needed.



APPLICATION

TERRAIN

More Questions?

If you want to have an informal conversation to find out more about this programme and whether it would be right for you please either get in touch with the Children and Youth Department (childrenyouth@salvationarmy.org.uk) who will put you in touch with the team or even a past Terrainnee, or you could speak to your Divisional Youth Specialist.

Still curious?:

Complete an online expression of interest form at the following link or via the scannable QR code. This will ensure you find out before anyone else about the applications for the next cohort.

<https://forms.office.com/e/KSbUQfig3r>



Please note

Acceptance on Terrain is conditional on:

- the endorsement of your DYS and Corps officer/Church leader
- the successful completion of the application form
- and an informal interview with the Terrain leadership team

We look forward to hearing from you!



**"I HAVE
COME
THAT THEY
MAY HAVE
LIFE,
AND HAVE IT TO
THE
FULL."**

JESUS
JOHN 10:10



**Children
& Youth**

Children & Youth Department
The Salvation Army
Territorial Headquarters
1 Champion Park
London SE5 8FJ



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childrenyouth@salvationarmy.org.uk